



Buffet Menu

letsdolunchcatering.com

5381 Arsenal Street Saint Louis, MO 63139

Lighter Side Entrees

Minimum of 10 people unless otherwise noted

Bourbon Glazed Steak and Chicken Skewers \$18.75

Chicken Only \$16

Bourbon glazed Chicken and Steak skewered with veggies and grilled.

Veggie Skewers \$13.75

Caprese Chicken \$14.25- *Gluten Free*

Grilled Chicken Breast seasoned and topped with
Buffalo Mozzarella, Balsamic and Cherry Tomatoes.

Hickory Bourbon Chicken \$14.75

Balsamic Portabella Chicken \$14.25- *Gluten Free*

Chicken Melanzane \$16.75

Chicken breast topped with eggplant, marinara & spinach.

Grilled Salmon \$19.75 - *Gluten Free*

Apricot Glazed Chicken \$14.25- *Gluten Free*

Mixed Grill Beef Tenderloin, Shrimp & Chicken \$19.75

Chicken Grill \$13.75

Portabella Asparagus Vegan Grill \$11

Gluten Free Options....

Monterey Chicken, Grilled Salmon, Apricot Chicken

Served with Gluten Free Side & Salad

All entrees served with signature side and salad, bread & butter.
For groups of 10-14 add \$2.50 per person for two sides and salad.
For groups of 15 or more add \$2 per person for two sides and salad.

Let's Do LUNCH Favorites

Minimum of 10 people unless otherwise noted

Beef Brisket \$19.95

(Minimum of 15 people) Available Tues- Fri with 48 hours notice.

Chicken Crispers \$14.75

Fried boneless chicken tenders with our house made batter.

Monterey Chicken \$14.75- [Gluten Free](#)

Chicken Breast brushed with barbeque sauce and topped with bacon, Monterey jack cheese

Beef Tenderloin Tips \$22

Beef tenderloin tips sautéed and topped with a red wine demi glaze.

Chicken Spedini \$14.25

Chicken breast tenders rolled in bread crumbs and topped with our creamy cheese & mushrooms sauce.

Slider Bar \$13.75

Burgers, Crispy, Grilled Chicken served with all the condiments so you can dress it just the way you like

Lemon Cream Chicken \$14.95

Panko Encrusted Chicken Picatta \$14.25

Chicken Parmesan \$14.25 per person

Eggplant Parmesan \$11.50 per person

All entrees served with signature side and salad, bread & butter.
For groups of 10-14 add \$2.50 per person for two sides and salad.
For groups of 15 or more add \$2 per person for two sides and salad.

BOWLS

(Minimum of 15 people)

Teriyaki Stir Fry Veggie & Fried Rice \$10.75

w/Chicken \$14.75 w/Steak \$16.75 w/Shrimp \$16.75

Crispy Bang Bang Chicken w/Fried Rice \$15.75

Sweet-n-Sour Chicken w/Fried Rice \$15.75

Bowls served with your choice of side salad.

Appetizer Bars

Classic Appetizer Bar (Minimum of 15 people) \$16.95 per person

Boneless Chicken Wings (Buffalo & Sweet Chili)

Toasted Ravioli with Marinara Sauce

Fresh Fruit Tray with Cheese Cake Dip

Vegetable Tray or Green Salad

Cocktail Sandwiches *with Condiments on the Side*

Premium Appetizer Bar (Minimum of 15 people) \$22.95 per person

Shrimp Cocktail

Boneless Chicken Wings *Sweet Chili and Buffalo*

Toasted Ravioli with Meat Sauce

Spinach Artichoke Dip – *Served Warm with Tortilla Chips*

Brie Stuffed Mushrooms

Fruit Tray & Veggie Tray

South of the Border

(Minimum of 15 people)

Taco Bar \$15.75

Steak, Chicken, Veggie Fajita Bar \$17.75

Steak, Chicken, Cheese & Veggie Quesadillas \$15.95

Blackened Chicken Tacos \$15.75

Cajun Tacos \$17.75- Blackened Chicken & Shrimp

**Mexican Bars are served with Rice & Beans, Queso,
Fiesta salad, Chips & Salsa, Shells and all the fixins.**

Accessories & add ons

Beverages Bottled Water & Soda

Pepsi, Diet Pepsi, Sierra Mist, Diet Dr. Pepper, Diet Mt. Dew and more ...\$1.95 per person

Tea and Lemonade Served with ice & cups. \$11.50 per gallon

Desserts

Variety Tray Dessert Bars, Carrot Cake & Brownies \$3.95

Brownies \$2.25 per person

Cookies \$1.95 per person

Platters & Trays

Fresh Fruit Tray Small Tray (10-15 people).... \$49 Large Tray (20-35 people).... \$83

Cheese & Cracker Tray Small Tray (10-15 people).... \$65

Veggie Platter Small Tray (10-15 people).... \$49 Large Tray (20-35 people).... \$83

Shrimp Cocktail Platter Small Tray (10-15 people).... \$79

Spinach Artichoke Dip with Tortilla Chips Small Tray (10-15 people).... \$58

Boneless Chicken Wings Small Tray (10-12 people).... \$89 Large Tray (20-25 people).... \$169

Queso Dip with Tortilla Chips Small Tray (10-15 people).... \$58

Chips & Salsa with Tortilla Chips Small Tray (approx 15 people)....\$20

Toasted Ravioli with Marinara Sauce Small Tray (100 ravs).... \$68 Large Tray (200 ravs). \$119

Signature Sides

*Green Beans & Roasted Potatoes

*Mac-n-Cheese *Italian Roasted Potatoes

*Hashbrown Potato Casserole *Twice Baked Potatoes

*Roasted Veggies & Rice *Veggie Pasta

Premium Sides add a \$2.50

*White Cheddar Macaroni baked with Panko Breadcrumbs

*Herb Buttered Veggies *Pasta con Broccoli *Spicy Vodka Pasta

*Baked Potatoes w/ Cheese, Bacon, Butter, Sour Cream, Broccoli on side

Sandwiches & Wraps

Minimum of 10 people unless otherwise noted

Served with Pasta Salad and Potato Chips
Sub Fruit Salad for Pasta Salad add \$1.50
Add Cookie for \$1.95

Hot Sandwiches \$13.25

Italian on Cheese Garlic Bread

Roast Beef on Cheese Garlic Bread

Sautéed Portabella

Let's Do Lunch Turkey Club

Crispy Chicken or Grilled Chicken Sandwich

Grilled Cheese

Cold Sandwiches \$11.95

*Turkey * Our Famous Chicken Salad * Roast Beef * Ham

Wraps \$13.75

Buffalo Chicken Wrap Buffalo chicken crispers with ranch & romaine lettuce.

Turkey Ranch Wrap Smoked turkey & cheese with romaine, tomatoes & ranch.

Asian Chicken Wrap Baby field greens, strawberries, cashews, oranges and finished with our raspberry vinaigrette.

BLT Wrap *A Classic!* Bacon, romaine lettuce, tomatoes and mayo.

Fiesta Chicken Wrap Grilled chicken, romaine lettuce, tomatoes, green onions, black olives, cheddar cheese, tortilla strips topped with our mexi-ranch dressing

Chicken Caesar Wrap Grilled chicken, romaine, parmesan & Caesar dressing.

Garden Veggie Wrap - *Great Vegetarian Option!* Provel and American cheeses, romaine, tomatoes, cucumbers, green onion, black olives, pimentos & Italian.

Balsamic Spinach Wrap - *Great Vegetarian Option!* Baby spinach, candied walnuts, strawberries, Feta crumbles and our balsamic vinaigrette.

PaSta

Minimum of 10 people unless otherwise noted

Pasta \$11

Signature Pasta \$12

Add Grilled Chicken \$4 Steak \$6 Shrimp \$6

Served with your choice of signature salad and Bread & Butter

Pastas

Pasta Broccoli

Baked Mostaccioli

Veggie Pasta

Signature Pastas

Baked Beef or Cheese Ravioli

Tortellini Alfredo with Veggies

Cajun Pasta

Salads

Signature Salads

Spring & Summer Salad *Let's Do Lunch Favorite!*

Field Greens, strawberries, pears, parmesan, walnuts and our tropical poppy seed dressing

Fiesta Salad Romaine, iceberg, cheese, tomatoes, onions, tortilla strips, mexi-ranch

Garden Salad Romaine & iceberg, cheddar, tomatoes, cucumbers, tomatoes, croutons and Italian & Ranch dressings.

Italian Salad Romaine, iceberg, provel & parm cheese, pimentos, cucumbers & vinaigrette.

Caesar Salad Romaine, parmesan cheese, croutons and Caesar dressing

Premium Salads Add \$1.75

Christmas Salad Romaine lettuce, cranberries, strawberries, glazed walnuts & Feta crumbles on side with balsamic dressing

Greek Salad Romaine, tomatoes, feta, cucumbers & Greek vinaigrette dressing.

Asian Salad Field Greens & romaine, oranges, strawberries, provel cheese, cashews, fat-free raspberry vinaigrette

Balsamic Spinach Salad Spinach, Feta, tomatoes, walnuts & balsamic dressing.

Cobb Salad Chef Salad

Extra Dressing is \$5 per container

BreakFast

(Minimum of 15 people)

French Toast Hot Breakfast.... \$15.75

Scrambled Eggs , Bacon & Sausage,
Served with Fresh Fruit and OJ

Assorted Breakfast Sandwiches..... \$13.75

Served with Fresh Fruit, OJ, Water

Biscuits & Gravy Hot Breakfast.... \$14.75

Scrambled Eggs , Bacon & Sausage,
Served with Fresh Fruit and OJ

Coffee Serves 12 \$30 per tote

Call one of our catering specialists today!

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