

## Buffet Menu

letsdolunchcatering.com 5381 Arsenal Street Saint Louis, MO 63139

## Lighter Side Entrees

#### Minimum of 10 people unless otherwise noted

Bourbon Glazed Steak and Chicken Skewers \$17.75 Chicken Only \$14.75 Bourbon glazed Chicken and Steak skewered with veggies and grilled. Veggie Skewers \$13.75 Caprese Chicken \$13- Gluten Free Grilled Chicken Breast seasoned and topped with Buffalo Mozzarella, Balsamic and Cherry Tomatoes. Hickory Bourbon Chicken \$13 Balsamic Portabella Chicken \$13- Gluten Free Chicken Melanzane \$15.75 Chicken breast topped with eggplant, marinara & spinach. Grilled Salmon \$18.50 - Gluten Free Apricot Glazed Chicken \$12- Gluten Free Mixed Grill Beef Tenderloin, Shrimp & Chicken \$18.75 Chicken Grill \$12 Portabella Asparagus Vegan Grill \$10.75

Gluten Free Options.... Monterey Chicken, Grilled Salmon, Apricot Chicken Served with Gluten Free Side & Salad

> All entrees served with signature side and salad, bread & butter. For groups of 10-14 add \$2.50 per person for two sides and salad. For groups of 15 or more add \$2 per person for two sides and salad.

# Let's Do LUNCH Favorites

#### Minimum of 10 people unless otherwise noted

### Beef Brisket \$18.75

(Minimum of 15 people) Available Tues- Fri with 48 hours notice.

#### Chicken Crispers \$13

Fried boneless chicken tenders with our house made batter.

#### Monterey Chicken \$13- Gluten Free

Chicken Breast brushed with barbeque sauce and topped with bacon, Monterey jack cheese

#### Beef Tenderloin Tips \$21

Beef tenderloin tips sautéed and topped with a red wine demi glaze.

#### Chicken Spedini \$12.75

Chicken breast tenders rolled in bread crumbs and topped with our

creamy cheese & mushrooms sauce.

Slider Bar \$11.75

Burgers, Crispy, Grilled Chicken served with all the condiments so you can dress it just the way you like

Lemon Cream Chicken \$13.75

Panko Encrusted Chicken Picatta \$13.75

Chicken Parmesan \$11.75 per person

Eggplant Parmesan \$10.25 per person

All entrees served with signature side and salad, bread & butter. For groups of 10-14 add \$2.50 per person for two sides and salad. For groups of 15 or more add \$2 per person for two sides and salad.



(Minimum of 15 people)

Teriyaki Stir Fry Veggie & Fried Rice \$9.75 w/Chicken \$12.75 w/Steak \$15 w/Shrimp \$15 Crispy Bang Bang Chicken w/Fried Rice \$14 Sweet-n-Sour Chicken w/Fried Rice \$13.75 Bowls served with your choice of side salad.

## Appetizer Bars

Classic Appetizer Bar (Minimum of 15 people) \$15.50 per person Boneless Chicken Wings (Buffalo & Sweet Chili) Toasted Ravioli with Marinara Sauce Fresh Fruit Tray with Cheese Cake Dip Vegetable Tray or Green Salad Cocktail Sandwiches with Condiments on the Side

**Premium Appetizer Bar** (Minimum of 15 people) \$21 per person Shrimp Cocktail Boneless Chicken Wings *Sweet Chili and Buffalo* Toasted Ravioli with Meat Sauce Spinach Artichoke Dip – *Served Warm with Tortilla Chips* Brie Stuffed Mushrooms Fruit Tray & Veggie Tray



(Minimum of 15 people)

Taco Bar \$14.75 Steak, Chicken, Veggie Fajita Bar \$16.75 Steak, Chicken, Cheese & Veggie Quesadillas \$15.50 Blackened Chicken Tacos \$14 Cajun Tacos \$16.75- Blackened Chicken & Shrimp

> Mexican Bars are served with Rice & Beans, Queso, Fiesta salad, Chips & Salsa, Shells and all the fixins.

## Accessories & add ons

### Beverages Bottled Water & Soda

Pepsi, Diet Pepsi, Sierra Mist, Diet Dr. Pepper, Diet Mt. Dew and more ...\$1.75 per person **Tea and Lemonade** Served with ice & cups. \$10 per gallon

## Desserts

Variety Tray Dessert Bars, Carrot Cake, Cookies & Brownies \$3.50 Brownies \$2.25 per person Cookies \$1.75 per person

## Platters & Trays

Fresh Fruit Tray Small Tray (10-15 people).... \$39 Large Tray (20-35 people).... \$73 Cheese & Cracker Tray Small Tray (10-15 people).... \$65 Veggie Platter Small Tray (10-15 people).... \$39 Large Tray (20-35 people).... \$73 Shrimp Cocktail Platter Small Tray (10-15 people).... \$74 Spinach Artichoke Dip with Tortilla Chips Small Tray (10-15 people).... \$55 Boneless Chicken Wings Small Tray (10-12 people).... \$75 Large Tray (20-25 people).... \$145 Queso Dip with Tortilla Chips Small Tray (10-15 people).... \$45 Chips & Salsa with Tortilla Chips Small Tray (approx 15 people)....\$20 Toasted Ravioli with Marinara Sauce Small Tray (100 ravs).... \$60 Large Tray (200 ravs). \$100

## Signature Sides

### Premium Sides add a \$2.25

\*White Cheddar Macaroni baked with Panko Breadcrumbs \*Herb Buttered Veggies \*Pasta con Broccoli \*Spicy Vodka Pasta \*Baked Potatoes w/ Cheese, Bacon, Butter, Sour Cream, Broccoli on side

## SandWiches & Wraps

#### Minimum of 10 people unless otherwise noted

Served with Pasta Salad and Potato Chips

#### Hot Sandwiches \$11.75

Italian on Cheese Garlic Bread Roast Beef on Cheese Garlic Bread Sautéed Portabella Let's Do Lunch Turkey Club Crispy Chicken or Grilled Chicken Sandwich Grilled Cheese **Cold Sandwiches** \$10.75

\*Turkey \* Our Famous Chicken Salad \* Roast Beef \* Ham

#### Wraps \$12

Buffalo Chicken Wrap Buffalo chicken crispers with ranch & romaine lettuce.

Turkey Ranch Wrap Smoked turkey & cheese with romaine, tomatoes & ranch.

Asian Chicken Wrap Baby field greens, strawberries, oranges, cashews and finished with our raspberry vinaigrette.

BLT Wrap A Classic! Bacon, romaine lettuce, tomatoes and mayo.

Fiesta Chicken Wrap Grilled chicken, romaine lettuce, tomatoes, green onions, black olives, cheddar cheese, tortilla strips topped with our mexi-ranch dressing

Chicken Caesar Wrap Grilled chicken, romaine, parmesan & Caesar dressing.

**Garden Veggie Wrap** - *Great Vegetarian Option!* Provel and American cheeses, romaine, tomatoes, cucumbers, green onion, black olives, peppers & Italian.

Balsamic Spinach Wrap - *Great Vegetarian Option!* Baby spinach, candied walnuts, strawberries, Feta crumbles and our balsamic vinaigrette.



Minimum of 10 people unless otherwise noted Pasta \$10

Signature Pasta \$11

Add Grilled Chicken \$3 Steak \$5 Shrimp \$5 Served with your choice of signature salad and Bread & Butter

#### Pastas

Signature Pastas

Pasta Broccoli Baked Mostaccioli Veggie Pasta

Baked Beef or Cheese Ravioli Tortellini Alfredo with Veggies Cajun Pasta



## Signature Salads

Spring & Summer Salad Let's Do Lunch Favorite! Field Greens, strawberries, pears, parmesan, walnuts and our tropical poppy seed dressing Fiesta Salad Romaine, iceberg, cheese, tomatoes, onions, tortilla strips, mexi-ranch Garden Salad Romaine & iceberg, cheddar, tomatoes, cucumbers, pimentos, croutons and Italian & Ranch dressings. Italian Salad Romaine, iceberg, provel & parm cheese, pimentos, cucumbers & vinaigrette. Caesar Salad Romaine, parmesan cheese, croutons and Caesar dressing

## Premium Salads Add \$1.50

**Christmas Salad** Romaine lettuce, cranberries, strawberries, glazed walnuts & Feta crumbles on side with balsamic dressing

Greek Salad Romaine, tomatoes, feta, cucumbers & Greek vinaigrette dressing.

Asian Salad Field Greens & romaine, oranges, strawberries, provel cheese, cashews, fat-free raspberry vinaigrette

Balsamic Spinach Salad Spinach, Feta, tomatoes, walnuts & balsamic dressing. Cobb Salad Chef Salad

Extra Dressing is \$4 per container



(Minimum of 15 people)

### French Toast Hot Breakfast.... \$15.75\*

Scrambled Eggs , Bacon & Sausage, Served with Fresh Fruit and OJ

## Assorted Breakfast Sandwiches .... \$13.75\*

Served with Fresh Fruit, OJ, Water

### Biscuits & Gravy Hot Breakfast .... \$14.75\*

Scrambled Eggs , Bacon & Sausage, Served with Fresh Fruit and OJ \*Temporary price increase due to egg prices (H5N1 outbreak)

Coffee Serves 12 \$30 per tote

## Call one of our catering specialists today!

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