

# **Box Lunch Menu**

Our regular buffet menu is also available

all served in box lunches with individually wrapped utensils.

### letsdolunchcatering.com 5381 Arsenal Street Saint Louis, MO 63139

# Let's Do LUNCH Favorites

Lemon Cream Chicken \$14.75 Chicken Melanzane \$16.75 Chicken breast, topped with breaded eggplant, marinara & spinach. Monterey Chicken - Gluten Free \$14 per person- Gluten Free Chicken Breast brushed with barbeque sauce and topped with bacon & Monterey jack cheese Chicken Spedini \$13.75 per person Chicken breast tenders rolled in bread crumbs and topped with our creamy Italian cheese & mushroom sauce. Eggplant Parmesan \$11.25 per person Chicken Parmesan \$12.75 per person Bourbon Glazed Steak Skewers \$18.75 Bourbon Glazed Chicken Skewers \$15.75 Bourbon glazed Chicken and Steak skewered with veggies and grilled. LIGHTER Side ENTRES

Portabella Asparagus Vegan Grill \$11.75- Vegan

Hickory Bourbon Chicken \$14

Balsamic Portabella Chicken \$14

Caprese Chicken \$14- Gluten Free

Grilled Salmon - Gluten Free \$19.50

Apricot Glazed Chicken \$13- Gluten Free

All entrees served with Twice Baked Potatoes or Green Beans Spring & Summer, Ranch or Caesar Side Salad

## Let'S Do LUNCH BOWLS

#### Fajita Bowl \$10

Add Chicken \$3 Add Steak \$6 Add Shrimp \$6 Rice & black beans, queso, fajita veggies and pico.

Teriyaki Bowl \$10 Add Chicken \$3 Add Steak \$6 Add Shrimp \$6 Fried Rice & Stir Fry Veggies

Sweet-n-Sour Chicken over Fried Rice \$14.75 per person

Housemade Meatloaf over Smashed Potatoes \$13.75 per person

All bowls served with Spring & Summer, Fiesta Ranch or Caesar Side Salad



Served with your choice of Spring & Summer, Italian or Caesar Side Salad

Pasta \$11 Add Chicken \$3 Add Steak \$5 Add Shrimp \$5

Pasta Broccoli

**Baked Mostaccioli** 

## SandWiches & Wraps

Cajun Pasta Veggie Pasta

Served with Pasta Salad and Potato Chips

#### Hot Sandwiches \$11.75

\* Roast Beef on Cheese Garlic Bread \* Sautéed Portabella Great Vegetarian Option

\* Turkey Club\*Crispy Chicken \*Grilled Chicken Sandwich\*Italian on Cheese Garlic Bread

Cold Sandwiches \$10.75 Turkey \* Chicken Salad \* Roast Beef \* Ham

Wraps \$12

Buffalo Chicken Wrap Buffalo chicken crispers with ranch & romaine lettuce.

Turkey Ranch Wrap Smoked turkey & cheese with romaine, tomatoes & ranch.

BLT Wrap A Classic! Bacon, romaine lettuce, tomatoes, and mayo.

Chicken Caesar Wrap Grilled chicken, romaine, parmesan & Caesar dressing.

Garden Veggie Wrap - Great Vegetarian Option

Balsamic Spinach Wrap - Great Vegetarian Option

spinach, walnuts, strawberries, Feta crumbles and our balsamic vinaigrette.



Signature Salads \$9 Add Chicken \$3 Add Steak \$6 Add Shrimp \$6

Spring & Summer Salad Let's Do Lunch Favorite!

Field Greens, strawberries, pears, parmesan, walnuts and our tropical poppy seed dressing

Garden Salad Romaine, cheddar, tomatoes, cucumbers, croutons & Ranch dressings.

Italian Salad Romaine, iceberg, provel & parm cheese, pimentos, cucumbers & vinaigrette.

Caesar Salad Romaine, parmesan cheese, croutons and Caesar dressing

Greek Salad Romaine, tomatoes, feta, cucumbers & Aegean vinaigrette dressing.

Asian Salad Field Greens & romaine, oranges, strawberries, provel cheese, cashews, chow mien noodles fat-free raspberry vinaigrette

Balsamic Spinach Salad Spinach, Feta, tomatoes, walnuts & balsamic dressing.

Cobb Salad

Chef Salad

Sweet-n-Sour Chicken w/Fried Rice \$13.75

Bowls served with your choice of side salad.

### Accessories & add ons

#### Beverages Bottled Water & Soda

Pepsi, Diet Pepsi, Sierra Mist, Diet Dr. Pepper, Diet Mt. Dew and more ...\$1.75 per person Tea and Lemonade Served with ice & cups. \$10 per gallon Coffee Serves 12 \$30 per tote

**Desserts** Variety Tray Dessert Bars, Carrot Cake, Iced Brownies \$3.75 per person Brownies \$2.25 per person Cookies \$1.75 per person

## **B**rea**K**FaSt

### Assorted Breakfast Sandwiches .... \$13.75\*

Served with Fresh Fruit, OJ, Water \*Temporary price increase due to egg prices (H5N1 outbreak)

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